

Kids & Technology: The Good, The Bad & The Ugly

Kevin Neubert

Engaged Learning Specialist
Gower Middle

kneubert@gower62.com

 @ Mr_Neubert /  kevin.neubert

Vicky O'Boyle

Engaged Learning Specialist
Gower West

voboyle@gower62.com

 @voboyle  voboylegw



Thursday April 25 @ 7:00 pm

Friday April 26 @ 7:00 pm

TICKETS WILL BE SOLD:

IN ADVANCE AT GOWER MIDDLE LRC: \$5 ADULTS / \$3 STUDENTS

OR

AT THE DOOR: \$7 ADULTS / \$5 STUDENTS

Public is Welcome (and encouraged) to Attend

Kids & Technology: **The Good, The Bad, The Good, The** **Ugly & The Good!**

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Does it make you better?

Self-Regulation

80% Rule

Who is Vicky?



Morning

- ☐ Get dressed
- ☐ Eat breakfast
- ☐ Brush your teeth
- ☐ Laundry into shoot
- ☐ Let Fancy out
- ☐ Put your lunchbox and snack in your backpack

Once completed, you earn one 15 minute technology ticket!

Afternoon

- ☐ Hang up coat and backpack
- ☐ Put shoes away
- ☐ Put lunch box and snack container in sink
- ☐ Place notes from your folder in basket
- ☐ Read 10 minutes (1 Raz Kids book & questions)
- ☐ Math 10 minutes (2 IXL)
- ☐ Complete homework

Once completed, you earn one 15 minute technology ticket!

Evening

- ☐ Pack school bag
- ☐ Clean off kitchen table
- ☐ Put on pajamas
- ☐ Put laundry in shoot
- ☐ Brush teeth
- ☐ Floss teeth
- ☐ Read 10 minutes

Once completed, you earn one 15 minute technology ticket!

TECHNOLOGY TICKET

15 MINUTES OF SCREEN TIME



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Who is Vicky?

Year 1: Grades 2, 3, 4

Year 2: Grades K, 1, 2, 3, 4



Can make a good Impression online



I can learn online



I can evaluate content online



I can be accountable for my behavior



I can be responsible for my data and Privacy

Home Media Usage Contract

I agree to ask myself

What? Shut Down Device/ Blue Light

Where will Device Charge

Can I manage my Screen-time?

Green light (Sensory/Educational)

See back

At Home with parent/guardian I do not use my device at these times. (Check all that apply!)

_____ Meals

_____ Family Time

_____ Friends visiting

_____ Playdates

_____ Sleepover

Is Screen-time a Privilege?

What are Screen-time Alternatives?

What happens if Contract broken?

Do you need help from Mrs. Choyle to make your device at home?

My Signature: _____ Parent Signature: _____

Illinois

Gower West Elementary

Gina Rodewald - Principal, Gower West

Number _____ Issue Date _____ Expires _____

Gower West Willowbrook, IL

Restrictions

YouTube	Take Home	Games	Customize

Learner's Permit

PHOTO

Who is Kevin?



Create
(or learn something)
versus
Consume



Who is Kevin?



5th Grade Computers Curriculum

Keyboarding

Hacks & Phishing

Copyright Awareness

Becoming Good
Digital Citizens

Credible & Reliable
Sources

Cybersafety

Google Apps &
Searches

* Also... new '13 Essentials' Class for 5th Graders

All this technology is making us antisocial



**Technology is omnipresent and integral...
but it is, ultimately, a tool.**



**And the decision to use technology should
be based on if it's the right tool for the job.**

Assumptions About Kids & Technology

A child's Social Media account and online usage is none of my business.

Blue Light doesn't impact a child's sleep habits.

Children understand what is right and wrong with apps/games

All Screen Time is bad

“Technology isn’t black and white, and no matter what we do, we can’t slow down the reliance on technology—we can only control our own behavior. Technology in the future could be even more of an issue and challenge than it currently is...”

Richard H. Thaler;Cass R. Sunstein. Nudge: Improving Decisions About Health, Wealth, and Happiness. Kindle Edition.

“... Like most things in life, balance is key, and everyone’s situations are different that there isn’t a perfect, one-size-fits-all solution. There are a number of ways we can balance our use of technology and our wellbeing, and it can look different for everyone.”

Jacob Morgan. “Is It Possible to Balance Our Technology Consumption?” *Jacob Morgan*, 20 July 2017, thefutureorganization.com/possible-balance-technology-consumption/.

Who Are You?

- Briefly Describe your Kids & Family
- Talk about your Own Tech Use
- Discuss your thoughts on your Children's Tech Use
- Anything else you'd like to share?

A close-up, angled view of a smartphone screen displaying various social media application icons. The icons are arranged in a grid on a blue background. Visible icons include Facebook (blue square with white 'f'), Twitter (blue square with white bird), Vine (light blue square with white 'v'), Blogger (orange square with white 'B'), Pinterest (red and white circular logo), and Instagram (camera icon with a rainbow stripe). The text 'The Good' is overlaid in large white font on an orange horizontal band across the center of the screen. The word 'media' is partially visible on a keyboard key in the top right corner.

The Good



The Bad



The Ugly



The Good



“You can nudge your kids’ relationship with digital technology in a more healthful direction, but warning: It’s going to require parents to change, too.”


Hobson, Katherine. “Trying To Get The Kids To Put Down Those Phones? Here's Help.” *NPR*, NPR, 14 Sept. 2016, www.npr.org/sections/health-shots/2016/09/14/493919532/trying-to-get-the-kids-to-put-down-those-phones-heres-help.

Things to (possibly) Consider:


- **Be aware that not all tech is the same.**
- **Think about the role tech plays in your family.**
- **Model good behavior, online or off.**
- **Have tech-free zones and times.**
- **Let them learn from themselves.**
- **Keep watch for signs of serious trouble.**

Parent Resources

[For Parents](#) [For Educators](#) [For Advocates](#)



[Movies & TV Shows](#) [Books](#) [Apps & Games](#) [Advice for Parents](#) [Latino](#) [Research](#)



Block That Tantrum




Wondering how to avoid tantrums when you take the phone away? Here are some tips that may cut down on [tantrums over devices](#).

WHAT DO YOUR CHILDREN DO ONLINE?






CHOOSE an ISSUE


 CELL PHONES	 CYBERBULLYING	 GAMING	 INAPPROPRIATE CONTENT
 INTERNET SAFETY	 MESSAGING/VIDEO CHAT/EMAIL	 ONLINE PRIVACY	 SEXTING
 SEXUAL SOLICITATION	 SOCIAL MEDIA		



[The Parent & Educator Guide to Media Literacy & Fake News](#)[The Parent's Guide to Educational Technology](#)[The Parent's Guide to Google Family Link](#)



[The Parent, Educator & Youth Guide to LGBTQ Cyberbullying](#)[Cybersecurity Parents](#)[A Parent's Guide to The Parent & Educator Guide to Media Literacy & Fake News](#)



[A Parent's Guide to After](#)

Parenting in a Digital Age

Further Discussion

What's On Your Mind?

In the News...

Texting and Emoji Slang

Thoughts on Blue Light

Children's Media and Advancement Act

Expansion of COPPA

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And Remember...

Do the best you can until
you know better. Then when
you know better, do better.

Maya Angelou

And Also Remember...



Voltaire

or



Spiderman

“With great power comes great responsibility.”

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